

Penn Central Conference  
**Annual Women's Retreat**

Friday, November 14 beginning at 7pm-Sunday, November 16 (ends with lunch)

**More than a Spoonful of Sugar:**  
*Healing and Praying with*



**Come play and pray together as we let the wonder & wisdom prompted in Mary Poppins shape our time together. While it won't be all parasols and parrots, Poppins will help us to pray our possibilities, perspective, priorities, promises, power and passion.**

Our leader will be **Cindy Garis** from Oasis Ministries.

**COST: \$125**

includes 2 nights lodging in Michaux Lodge; 5 meals and all program costs.

Please bring a snack to share, comfortable walking shoes, a game to play, and a willing & creative spirit!

**TO REGISTER, CONTACT BRUCE at HARTMAN CENTER**  
[bruce@hartmancenter.com](mailto:bruce@hartmancenter.com)/717-994-3769